

# Russell D. Park, Ph.D.

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Transpersonal Clinical Psychologist (PSY 14275)  
Certified Neurotherapist  
Ordained Minister

Russell grew up on a farm near Kansas City, Missouri and attended the University of Missouri where he obtained a B.S. degree in Medical Technology – which certified him in clinical laboratory medicine. During his 15 years in clinical medicine, he worked at the University Medical Center in Columbia, Missouri in the Emergency Clinical Response lab and for special projects in Special Hematology. After moving to Oregon, he worked in a small hospital in Grants Pass, at Rogue Valley Medical Center, and the Portland Red Cross. His work spanned the departments of hematology, chemistry, special chemistry, blood banking, urine analysis, and immunology. He left clinical laboratory medicine at the supervisory level. He worked for three years as a research associate at a startup biotechnology company in Palo Alto, California to provide income for his graduate studies in psychology.

In 1986 Russell began his graduate studies in Transpersonal Psychology at the Institute of Transpersonal Psychology (ITP), now Sofia University, in Menlo Park, California. Transpersonal psychology incorporates the wisdom of spiritual traditions into clinical practices. There he received both his M.A. and Ph.D. in Transpersonal Psychology with a clinical emphasis. During his time at ITP, he worked as the research director for the Spiritual Emergence Network (SEN).

He eventually conducted the first quantitative research on the phenomena of spiritual emergence syndromes with an emphasis on the role of the ego and Kundalini. For this work, he received his Ph.D. in 1991. He was subsequently licensed as a psychologist in 1995. He began teaching -- together with his wife, Jyoti (Jeneane Prevatt, Ph.D.) -- in transformational dynamics and spiritual emergence syndromes. Together they have facilitated SEN offices in Belgium, Switzerland, Germany, Argentina, and in the newly liberated Czech Republic. Dr. Park has presented lectures and experiential workshops on transformational dynamics and spiritual emergence syndromes at Sonoma State University, a Swiss Psychiatric Clinic the “Psychiatrische Klinik Münsterlingen”, JFK University, Institute of Transpersonal Psychology, and the California Institute of Integral Studies. Dr. Park has presented the concepts of spiritual awakening, spiritual emergence and the dynamics of spiritual transformation to over 1000 members of the clergy, professionals in psychology and psychotherapy and to many interested lay people.

In 1993 Dr. Park, together with his wife, founded a 3-year training program, the “Stargate Mystery School” on the power of non-ordinary states in healing and subtle energy. These programs continue and are currently located in California, the Czech Republic and a new location in Sweden. They also took yearly groups on spiritual pilgrimages to locations such as India, the Brazilian Amazon, and Hawaii.

In 1995, Dr. Park, with his wife, began and managed an intentional spiritual community and retreat center called Kayumari on 160 acres in a national forest in California. Dr. Park was responsible for implementing a selective forest harvest plan on 100 acres of timber and planting 6000 new trees. He also directed the installation of a state-of-the-art solar energy system. Kayumari’s mission is to promote self-empowerment; utilize cross-cultural practices such as breathwork, meditation, drumming, intuition, sweat lodges, trance dancing, vision quests, mask making, and ceremonies. Kayumari utilizes their original model of spiritual development, a result of their studies on transformation -- the “Triangle Model” -- and is the subject of a book, *The Power of Humility* (2006). The global Kayumari community continues to grow and expand into the Czech Republic as well as a new location in Sweden.

In 1997, Dr. Park received his board certification in Neurotherapy – brainwave biofeedback – as he continued his private practice until 2006 in clinical psychology and spiritual guidance to international audiences. Dr. Park then began working for the California Department of Corrections for 10 years, retiring from state service in 2017 as the Chief of Mental Health. Dr. Park is also an ordained minister and teaches 3 topics for the Center for Sacred Studies’ on-line Ministerial Training Program (MTP). Following the 9/11 attacks in NYC, Dr. Park was invited by the Interfaith organization to lecture on spiritual crises, typologies and potentials of crises to residents, clergy, and mental health professionals.

His interests include use of visual and auditory media and technology for psychological change, environmental and ecological sustainability. He currently works part-time in Skilled Nursing Facility in Santa Rosa, California as he transitions toward other projects and goals. He is working to bring his broad experience to corporations and business environments to improve employee’s quality of life, increase productivity and reduce staff turnover.

